DOCUMENT RESUME

ED 395 113 . CE 070 928

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TITLE McCoy Manor: A Model Family Literacy-Housing

Authority Program. Final Report.

INSTITUTION TIU Adult Education and Job Training Center,

Lewistown, PA.

SPONS AGENCY Pennsylvania State Dept. of Education, Harrisburg.

Bureau of Adult Basic and Literacy Education.

PUB DATE 95

CONTRACT 98-5003 NOTE 70p.

PUB TYPE Reports - Descriptive (141)

EDRS PRICE MF01/PC03 Plus Postage.

DESCRIPTORS Adult Basic Education; Adult Literacy; *Basic Skills;

Economically Disadvantaged; *Literacy Education; *Parent Education; *Parenting Skills; Participation;

Preschool Education; *Public Housing; *Welfare

Recipients; Workshops

IDENTIFIERS 353 Project; *Family Literacy

ABSTRACT

A project operated a model, adaptable family literacy program in a housing authority that served 35 residents. Its objectives were to improve parents' basic skills and help them improve their ability to assist their children, to assist parents in learning appropriate expectations for their children and understanding individual differences, and to encourage enrolled parents to seek out other adult education training opportunities. Workshops were held at the housing project with parents in one room and children in another. Findings indicated the project was beneficial for students, especially in providing a link with other educational and community opportunities. The portfolio assessment aspect of evaluation was ineffective due to the transient nature of the population. The greatest barrier that the project faced was the reluctance of housing members to attend class due to its association with the "authorities." (Appendixes to the 11-page report include a 13-item bibliography, syllabus, lesson plan guide, inservice guide, advertisements, and portfolio with sample forms.) (YLB)



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McCoy Manor: A Model Family Literacy-Housing Authority Program

Final Report by

Allison L. Fisher
Curriculum Coordinator/Instructor
TIU Adult Education/Job Training Center

1 Belle Avenue MCIDC Plaza Bldg. 58 Lewistown, PA 17044 717-248-4942

1994-1995

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CE010938

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ABSTRACT PAGE

Title: McCoy Manor: A Model Family Literacy-Housing Authority Program

Project No.: 98-5003

Funding: \$16,500

Project Director: Carol Molek Phone No.: 717-248-4942

Contact Person: Al

Allison Fisher Phone No.: 717-248-4942

Agency Address:

TIU Adult Education/Job Training Center

1 Belle Ave. MCIDC Plaza Bldg. 58

Lewistown, PA 17044

<u>Purpose</u>: The purpose of the project was to:

- operate a model, adaptable family literacy program in a housing authority project to serve 35 residents.

- improve parents' basic skills and in so doing, help them improve their ability to assist their children.

- assist parents in learning appropriate expectations for their children and understanding individual differences.

- encourage enrolled parents to seek out other adult education training opportunities in order to plan the next step of their own development.

<u>Procedures:</u> The project was designed to operate an adaptable family literacy program in a housing authority project. The project had two components: summer and school year. Workshops were held at the housing project with parents in one room and children in another.

Summary of Findings: The project was beneficial for students, especially in providing a link with other educational and community opportunities. The project served 35 participants. Changes need to be implemented in order for the portfolio assessment aspect of evaluation to be effective.

<u>Comments</u>: The greatest barrier which the project faced was the reluctance of housing members to attend class.

<u>Products:</u> A final report documenting all aspects of the model, including design.

Audience: The target audience for this report are adult educators interested in providing adult basic education in a housing authority setting.

Descriptors (Bureau staff only):



INTRODUCTION

This project addressed Section 353 Priority A.6. "the development of a model family literacy program focused on a public housing area." The program was devised to provide for the delivery of services in coordination and collaboration with other community educational and human services organizations, in particular providing a model family literacy-housing authority program.

The project proposed to:

- operate a model, adaptable family literacy program in a housing authority project to serve 35 residents.
- improve parents' basic skills and in so doing, help them improve their ability to assist their children.
- assist parents in learning appropriate expectations for their children and understanding individual differences.
- encourage enrolled parents to seek out other adult education training in order to plan the next step of their own development.

"McCoy Manor: A Model Family Literacy-Housing Authority Program" had two components: summer and school year. The time frame for the project was:

July- August 1994 - Summer Component
September - December 1994 - First School Year Component
February - June 1994 - Second School Year Component

Project Director was Carol Molek. Ms. Molek has over eleven years experience directing adult education projects for the TIU in conjunction with development and implementation of special projects. Instructor for the program was Allison Fisher. Ms. Fisher is Curriculum Coordinator/Instructor at the Adult Education/Job Training Center. She has several years experience instruction in family literacy programs.



Dissemination of this report will be made through our office, the Regional Staff Development network, and the PDE Resource Centers. Permanent copies will be available through:

AdvancE
Pennsylvania Department of Education
Market Street
Harrisburg, PA 17126-0333

o r

Western Pennsylvania Adult Literacy Resource Center William Flynn Highway Route 8 Gibsonia, PA 15044



BODY

Statement of Problem

"McCoy Manor: A Model Family Literacy-Housing Authority Program" addressed Section 353 Priority A.6. "the development of a model family literacy program focused on a public housing area."

Many adults come to our Adult Education Center as a result of some difficulty with their children. Often the parents find that helping children with homework is very difficult. Reading to children or answering basic questions for their children is beyond their scope of knowledge. The parents realize that they need to develop basic skills in order to help their children. The low-level literacy parent often realizes more than anyone else how important it is to help their children so that these children do not have to endure the hardships of illiteracy that are handicapping the parent. Parenting skills are often the most important part of life coping skills "McCoy Manor: A Model Family Literacy-Housing for these parents. Authority Program" used the natural motivation of parents concerned about their children to teach parenting skills, life coping skills, basic language arts, and math skills.

Research has indicated that illiteracy is an intergenerational Within Mifflin County 32% of adults lack a high school problem. Many of these individuals have low literacy skills and diploma. many of these individuals are residents of the Mifflin County Housing Authority. Too often, illiterate parents rear illiterate children and the cycle repeats itself. Educational success may depend on early intervention: children must see a value and respect for education before outside influences diffuse their enthusiasm. Our particular project, "McCoy Manor: A Model Family Literacy-Housing Authority Program," was based at the Mifflin County Housing Authority's housing project, McCoy Manor. There are 72 family units in the Eligibility for the housing is based upon financial income limits determined by HUD. Only people with children qualify and as



a result, there are approximately 120 children living at McCoy Manor: 95 of those being elementary age or younger. Thus, our training focused primarily on this age group.

Most of the parents at McCoy Manor are single parents (81%), unemployed (61%), and on public assistance (61% on cash, others on food stamps). Those who are employed are under employed, as they are still income eligible for housing. McCoy Manor seems to be typical of rural Housing Authority projects. Due to this, the training we offered should be adaptable to similar settings in Pennsylvania.

Our goal for this project was to aid in breaking the illiteracy cycle by 1) working with parents on their basic skills in order for them to improve their ability to assist their children; 2) assisting parents in learning appropriate expectations for their children in order to assure a positive educational experience; and 3) encouraging parents to seek out other adult education training opportunities.

Family literacy has always been an important part of our Adult Education Center philosophy. We view our clients' educational needs holistically and incorporate their concerns about their children into their individual education plans. The linkage with the Housing Authority was planned to allow us to serve an extremely needy population right in their home base. Accessibility, coordinated child care, and activities were designed to make training appealing to participants.

Historically, our organization has had a positive relationship with our Housing Authority. Personnel from both agencies serve on each other's advisory committees. The Housing Authority has made sites available to adult education for both basic education and family literacy training. For the last five years, our Center has worked cooperatively with the Housing Authority or has provided family literacy training for Head Start parents at a public housing site in downtown Lewistown. Thus, the project proposed to develop services on an already solid foundation of collaborative efforts.



Goals and Objectives

The project aimed to serve 35 residents of the McCoy Manor Housing Project in order to provide for the delivery of services in coordination and collaboration with other community educational and human services organizations, in particular providing a model family literacy-housing authority program.

The goals of the project were to:

- operate a model, adaptable family literacy program in a housing authority project to serve 35 residents.
- improve parents' basic skills and in so doing, help them improve their ability to assist their children.
- assist parents in learning appropriate expectations for their children and understanding individual differences.
- encourage enrolled parents to seek out other adult education training opportunities in order to plan the next step of their own development.

Procedures

In order to effectively reach the goals of the project, it was designed with two components: summer and school year. Workshops were held at the housing project with parents in one room and children in another.

Summer - In July and August of 1994, we held family literacy classes at McCoy Manor for two mornings a week. The instructor worked with parents in a meeting room of one of the housing units. The participants' children were supervised by clients in a JTPA work experience program and assisted by a JTPA Summer Youth in another meeting room.

Recruitment for the project was conducted by a variety of methods in order to reach as many Housing Authority residents as possible. The project was publicized through the newspapers, radio stations, and cable TV. In addition, posters were distributed door-to-



door in the Housing Authority projects several times as well as in area stores and agencies. One recruitment tool that we utilized was "Jumparoo." Jumparoo is a robotic kangaroo, developed as a 353 project by another county, to aid in promoting family literacy. Through the use of Jumparoo and Mifflin County 2000 funds, we were able to distribute books to the children of the McCoy Manor Housing Project. We made a film available for parents and spoke to them about the workshops. This activity increased the collaboration aspect of the project, involving several different literacy groups in the community.

Curriculum for the summer component was based on several 353 projects: Centre County's "Project PACT," our own "Together We Learn," and "Ready Set Read" projects. The curriculum was based on a 0-6 reading level but was also appropriate and adaptable for higher functioning parents. The curriculum was most appropriate for parents of preschool and elementary students. However, some of the topics (discipline, conflict resolution, etc.) were available and appropriate for parents of older children as well.

The curriculum consisted of lessons addressing a variety of learning areas: math, science, social studies, reading, language, writing, and health. Each lesson consisted of information and activities for the parent as well as including a number of activities that the parent and child could do at home together. The parent was also instructed in a variety of ways to pick appropriate activities for the child and adjust when necessary. Parenting tips, designed to promote positive parent-child interaction, were included in every lesson. It was hoped that these ideas would be transferred to other lessons and everyday activities.

Making everyday activities positive learning experiences was another component of the curriculum. Some of those activities included cleaning, preparing meals, shopping, traveling, dressing, and bed and bath times. A part of this involved integrating speakers, as we hoped not only to draw upon their area of expertise, but also to familiarize the participants with some of the faces that they would see in the community. Speakers included a physical education



teacher, a school reading specialist, a children's librarian, a home health care specialist, a counselor, and an extension agent.

School Year - During the school year we continued the workshops once a week for two hours. We had a difficult time finding a time that seemed to suit participants. Morning was not suitable as residents stated they "liked to sleep in after the kids go to school." Afternoon seemed to cut into other activities. We tried to have the workshops from 1-3:30 but parents wanted to be home when children returned from school and would leave early, missing important closure exercises. Thus, we settled upon 1-3 as the time. Children in attendance were younger and were supervised by a staff member who had day care experience, as well as a JTPA Youth worker and volunteers.

Parents worked on various school and community issues. We started one set of workshops in the fall and another in the midwinter. This training focused on communication issues, school and home, learning styles, self-esteem and homework. The curriculum utilized several sources, including "Study Skills Connection," a previously developed 353 project.

We also utilized information gleaned from an in-service which we provided for teachers in the school district. The inservice gave us an opportunity to exchange information with both groups, teachers and parents (Please see appendix).

Together the two components offered a comprehensive family literacy service to Housing Authority residents throughout the program year. The project was a collaborative effort that tied together the Adult Center and the Housing Authority personnel.

The Housing Authority was key in providing not only the space and janitorial services, but also incentive programs as well. They allowed space in their monthly newsletter for the students to contribute an update of our workshops as well as a sample exercise for parents and children to work on together. This was a good



recruitment tool. Through approval of their board they offered cash incentives for a "Student of the Month" and a "Student of the Year."

Results of Objectives

The project succeeded in serving the target group of 35 students. Of those served, 5 were youth (16-22). Twenty-three participants were single parents. The 35 participants had among them 67 children, 38 of whom we served with a variety of activities. Of the parents only two were employed, and most received some form of public assistance: 22 cash, 25 food stamps, and 27 a medical card. Thirteen of our students had no GED.

The project also based evaluation upon the development of a portfolio assessment packet for each participant in order to document progress and retain material. The portfolios were developed and each student met individually with the instructor in order to better understand the process. At that time, they filled out a goal plan sheet, completed a reading exercise, and discussed their expectations for the workshops. However, due to the transient nature of the residents, only one student who began the portfolio assessment actually was still present at the end of the workshops. Thus, it was very difficult to discern whether or not our goals of improving parents' basic skills and assisting parents in learning appropriate expectations for their children were actually realized. Αt least ten students enrolled with our Center for educational classes and three obtained jobs, which was a goal for the project. producing a final report which documents the project design, it is our hope that the McCoy Manor project can be used as a model for other rural Housing Authority based programs.

The project, unfortunately, faced many barriers which were difficult to overcome. One problem that we had with the location was that residents identified us as being "with" the Housing Authority and as a result, were hesitant to become involved with the program. Too often their only contact with the Authority is when



their is a problem. They also tend to have a fear of any social service agency. This was a major hurdle to overcome, which we solved by removing (with Authority permission) all mention of the Authority from flyers and advertisements. Another problem was retention of clients. This was a problem with the portfolio assessment in particular. It was impossible to record growth with ro means of comparison.

Location was also a hindrance to the development of the portfolio. For the first students, individual meetings were arranged at our Center. This served a two-fold purpose: 1) it allowed the time necessary to fill out the initial paperwork in the portfolio (See appendix) and 2) it allowed the students to see our Center and become comfortable with it. Not surprisingly, the students who made this contact were the ones who continued with their educational goals at our Center. As the workshops progressed, it was increasingly difficult for the instructor and student to make the appointment. Students preferred to have their meetings on site and not enough time could be given as other students arrived early. Thus, an initial visit with the instructor off-site would prove to be most helpful.

The next barrier was the fact that we used the word "literacy," which some participants indicated they felt was derogatory. This was remedied by substituting the phrase "parenting workshops." However, we then began to see students who were not residents of the Housing Authority and did not particularly need basic skills work.

The most difficult barrier, and one we were not able to overcome was a general mood of apathy. By working with a residents' group at the Authority, we found that they had the same problem. The residents' group consisted of a volunteer group of residents who met once a month to plan activities for the project families in order to improve the quality of life in the projects. However, they found, as did we, that people were fearful of having



their neighbors or any agency person find out too much about their personal life. They were afraid of "getting turned in." This obstacle was one we were not able to overcome.

Evaluation

Evaluation was based on:

-serving 35 students at the McCoy Manor Housing Project.

-development of a portfolio assessment packet for each participant.

-production of a final report, outlining the design of the project, which will be disseminated through Pennsylvania Department of Education, AdvancE, the Tuscarora Intermediate Unit, and the Regional Staff Development Centers.

We were able to serve 35 students at the site and provide a portfolio assessment packet. However, the portfolio did not work in the way that we had hoped it would. With some restructuring of the workshops, it would prove quite useful as a tool of evaluation.

Conclusions and Recommendations

The family literacy workshops provided our students with much information and the opportunity to work together as families. In order to make it a more valuable experience, it would seem advisable to conduct initial meetings off-site and one-on-one with the instructor and student. This would also aid in the development of portfolio. Perhaps at a mid-way point, another such meeting could take place.

Also helpful would be shorter components that were not open entry-exit. Students need to feel a sense of completion that the long sessions and the portfolios did not allow.

Being on-site also seemed to be a hindrance rather than a help. Students absolutely did not want their neighbors to know where



they were. Perhaps an initial workshop held at the site for recruitment purposes would be more effective.



APPENDICES

Bibliography

Syllabus

Lesson Plan Guide

In-service Guide

Advertisements

Portfolio



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Syllabus



MCCOY MANOR FAMILY LITERACY PROJECT Outline and Schedule

- Day 1 July 20: Hands On!: How Children Learn and Your Role
 The instructor will introduce the project and
 discuss how children learn and the importance of
 the parent in the process. Participants will
 brainstorm ideas and a reading session with the
 children will follow.
- Day 2 July 25: Learning from Nature
 Participants will discuss how children learn from
 their environment. Particular attention will be
 focused on counting activities. A nature walk with
 parents and children will follow. Participants
 will discuss projects to do with children.
- Day 3 July 27: Games. Games. Playing can be educational
 How playing can be mental as well as physical
 exercise is the topic to be discussed in this
 workshop. Participants will engage in activities
 with the children.
- Day 4 Aug.1: <u>Make Reading Fun</u>
 A reading specialist will present ideas to
 participants to make reading more fun. Parents
 will practice storytelling amongst themselves and
 then with the children.
- Day 5 Aug.3: Learning with the Library
 Participants will take a field trip to the library
 with their children. They will explore The
 Children's Room and participate in storytelling.
- Day 6 Aug.8: Housework can be FUN for the whole family
 A home health care specialist will speak to
 participants on ways to make housework fun and a
 learning experience for children. Parents will
 engage in a budgeting exercise.
- Day 7 Aug.10: Give Your Child a Boost: Self-esteem
 A counselor will speak to participants about selfesteem issues. Parents will learn how talking to
 their child can boost self-esteem and the learning
 process.
- Day 8 Aug.15: Fun Foods!: Nutrition = Learning
 Information will be proveded on nutrition and meal
 planning. Participants will be encouraged to plan
 a meal and will learn how to make the experience a
 learning one for children.
- Day 9 Aug.17: Participants will present final projects to children. Plans will be made to continue project through school time. Participants will brainstorm ideas to be covered in following sessions.



MCCOY MANOR LITERACY PROJECT

- Sept. 8: Understanding Your Child This workshop will take a look at the individual temperament of kids and their stages of development, the importance of play, and appropriate parental expectations. The kids will participate in a play group.
- Sept. 15: <u>Self-Esteem</u> This workshop emphasizes the importance of mutual respect and encouragement. The children will make puppets.
- Sept. 22: Conflict Resolution During this workshop parents will discuss and evaluate various methods of dealing with conflict. Children will be encouraged to participate in team activities.
- Sept. 29: Communicating with your Child This workshop will help parents learn communication skills and how to listen, talk and be heard, and help children find words for their feelings. Children will engage in listening activities.
- Oct. 6: Social Development Ways to deal with bedtime, mealtime, tantrums, and other development issues will be dealt with in this workshop. Children will be encouraged to participate in problem solving activities.
- Oct. 13: Nature as Teacher This workshop will aid parents in using their environment as a teaching tool for children. Children will engage in games involving their surroundings.
- Oct.20: Protecting Our Kids: Personal Safety This workshop will utilize a speaker who will talk to parents and children about safety issues.
- Oct. 27: Protecting Our Kids: Community Safety We always want to ensure the safety of our kids, and with Halloween approaching, our fears may be heightened. A speaker will talk to kids and parents about safety issues.
- Nov. 3: School Issues: Learning Styles This workshop will focus on learning styles in an effort to aid parents in helping their children succeed in school. Children will participate in activities which pinpoint their learning style.
- Nov. 10: School Issues: Advocating for your Child Parents will discuss their role in the education of their child. This session will address parent and teacher interaction and the role that teamwork plays in a child's education.



- Nov. 17: <u>Count our Blessings</u> This time of year can get very hectic. It will be the goal of this workshop to focus on stress relievers. Children will participate in similar activities on their own level.
- Dec. 1: It's too cold/wet/gross out! With the weather keeping us all indoors, kids can get rather cranky. This workshop will help supply parents with a number of "snowy day" activities to use with kids.
- Dec.8: <u>Libraries are for more than Reading</u> The series will end with a final trip to the library. Parents will be familiarized with all aspects of the Children's Room.

PARENTS ARE TRACHERS McCoy Manor Parenting Workshop Series February 16-June 1 Thursdays 1-3

Unit 1: Teaching Your Child in the Home

- Feb.16: Working Together for Change- Introduction to series and self. Through discussion and activities the group will look at the temperament of kids, their stages of development, the importance of play, and helping children solve problems together. Children will participate in age appropriate activities.
- Feb.23: How to Talk So Your Rids Will Listen- This workshop will continue using listening skills to aid parents in communicating with their child. Parents will learn how to talk and be heard and help children find words for their feelings. Children will engage in listening activities.
- March 9: I Love You, You Love Me...! Parents will learn how to overcome self-defeating messages so that they can encourage positive self-esteem in themselves as well as their children. This workshop encourages the importance of mutual respect and encouragement. Parents will tape books to use with children.
- March 16: I Won't and You Can't Make Me! Dealing with tantrums and the causes will be dealt with in this workshop. Behavior modification will be discussed and parent's will tape more books. Children will be encouraged to participate in problem solving activities.
- March 23: Fun Foods! Nutrition=Learning- Information will be provided on nutrition and meal planning.

 Participants will be encouraged to plan a meal and will learn how to make the experience a learning one. Storytelling will be utilized and the children will participate.



Unit 2: Teaching Your Child Along With the Schools

- March 30: My Child has a "Teaching Disability"- This workshop will focus on learning styles in an effort to aid parents in helping their children succeed in school. Children will participate in activities which pinpoint their learning styles.
- April 6: Parents as Partners This workshop will address the role of the parent in the education of their child. We will discuss parent and teacher interaction and the role that teamwork plays in a child's education.
- April 13: Reading IS Fun! Ideas will be presented, including puppets, which will make reading more fun. Parents will make a puppet to use with children, who will make their own as well.
- April 20: Giving Without Giving UP- Using assisted reading methods, parents will learn how to make their child's homework time efficient time.

Unit 3: Teach your Child about the Community

- My Child, A Safe Child- The local CAP team will speak to children in order to help them effectively ensure their OWN safety. Tips will be offered to parents as well. Parents will discuss creative reading and writing as outlets for children's concerns.
- May 11: Explore Your Community- This workshop will aid parents in using their environment as a teaching tool for children. Children will engage in games involving their surroundings.
- May 18: Learning with the Library-Participants will take a field trip to the library with their children. They will explore The Children's Room and participate in storytelling.
- May 25: Community Resources- Parents will learn more about community services. Materials from different organizations will be available.
- June 1: Appreciation Day- Student participation will be recognized and parents will brainstorm ways to continue to build on progress.



Lesson Plan Guide



McCoy Manor Parenting Workshop Lesson Plan Guide

5 min. Greetings

10 min. Recap

·Share how previous strategy worked with children

·What was most helpful

·What did the kids enjoy most

Problems

10 min New material

Purpose

Effects on parents and kids

15-20 min Demonstrate new strategy

5 min BREAK

15-30 min Practice in teams

10 min Review and Discuss

Variations

10-15 min Reading and Response

5 min Wrap-up



In-service Guide



MCSD IN-SERUICE MONDAY 10/10/94

"THOSE PARENTS - THEY JUST DON'T CARE"

Presenters: Esther Bratton, Allison Fisher, Suzanne Fisher, Carol Molek

AGENDA

Introduction: Parents As Partners

Agency Training: General and Specific

Our Parent Clients and the Schools: Comfort, Perceptions, Communication

Teacher Input: What Do Teachers Need From Parents? What Can We Do to Help?

Wrap-Up



(presentation outline 10/5/94)

MCSD Teacher In-Service Mon 10/10/94

Highland Park Elementary
Room 129
"Those Parents - They Just Don't Care"

7:45-8:00 am - coffee/donuts 8:05-10:05 - Session I, 34 attendees 10:15-12:15 - Session II, 32 attendees

Carol Molek, Allison Fisher, Suzanne Fisher, Esther Bratton

icebreaker?

Why don't parents get involved with their children's education? lack of activities that foster parental involvement economic/social factors lack of good manners lack of parenting skills lack @ home: stability (no primary residence), nurturing, educational support parents = hostile and defensive literacy issues disinterest bad school experience 3rd generation drop-out failed previous experiences frustration and anger with the school system hard time with other social service agencies hard time with authority powerlessness against system teachers as adverseries being judged low expectations of their children

Intro: Carol

how we got here parents as partners, partnerships with parents MC 2000, coordination of goals MC 2000 newsletter, list of goal leaders w/phones

goals for the session:

understand what our agency does, general overview and specific training we offer for parents

reminder of who our parents are, their feelings about school and teachers

input from teachers: what can we do differently, what can we do to help

aejtc:

carol: general overview

esther: previous and ongoing family literacy efforts

learning triangle video

allison: mc coy manor

parent profile:

suzanne: who are our parents? what are their lives like? what are their priorities?

allison: frustrations of low literacy parents, literacy awareness exercise

parents and the schools- 3 areas to address for improvement: COMFORT LEVEL, PERCEPTIONS, COMMUNICATION

allison: discomfort exercise, what our students feel about the schools and teachers

esther: perception exercise, how do our students see teachers and the schools; how do teachers see our parents

KEY to comfort and perception problems = COMMUNICATION

suzanne: communication exercise, communication skills we teach our students and how they apply to school relations



tapping into teacher's insights and expertise

what do teachers need from parents?

teachers be seen as human beings

parental supervision of homework

parents to understand the chain of command and when to

initiate action at various levels

teachers compile a list of parent qualities that they feel are important in fostering successful parent/teacher partnership

techniques teachers successfully use to make parents feel comfortable as a member of the parent/teacher team

what can we do to help?
what topics should we cover in class with parents to improve relations?

parental attitudes
identifying a concern and acting on it
legal rights
district policies
self esteem
communication skill
non-verbal
verbal - assertive
listening
written

what can teachers do to help?
happy grams
phone calls for special accomplishments
weekly notes home
evening hours for parents who can't meet during day
friendly greeting in the halls

video training

Wrap-up: secr riley's article



Advertisements



in this free program, Pree childcare will be provided during the workshops. work: A fun, learning children's experience; Aug. 10 - Boosting children's Wednesday, July 20, from 9-11 a.m. Any caregiver is eligible to participate (uly 27;--- Physical filmess; an educational experience for children; Aug. 1 n the process; July 25 — Learning from nature activities and nature walk; clf-esteen; Aug. 15 --- Nutrition and meal planni , Workshops are as follows: July 20 --- How children learn and parents' part LEWISTOWN .- The TIU Adult Education and Job Training Center Workshops are scheduled for Mondays and Wednesdays, starting Make reading fun; Aug. 3 - Learning with the library; Aug. 8 - House-

Education to develop and implement remaylvania 👫 Department 🔌 of anty for more than eight years, includhelp parents promote improved learn-McCoy Manor every Monday and statewide and serving as a Wednesday, 9-11 a.m. beginning July 1 throughout Tennayivania. create a model cooperative effort to ed in this project — will be held at information! will be disseminated P.A.C.T., (Parents and Children) in their children while improving family literacy services in a housing in their children while improving family literacy services in a housing in their children while in a housing family literacy services in a housing in their children while in the housing family literacy services in a housing in their children while improving family literacy services in a housing in their children while improving family literacy services in a housing in their children while improving family literacy services in a housing in their children while improving family literacy services in a housing literacy services in a housing in the literacy services in a housing literacy services in a service service services in a service service service service services in a service service service service services in a service se -the curriculum to be County Housing WPSX-TV documentary. stheis school ago children as well as Services have included working rachock readiness training for parents with parent on study skills, to the performance in this area. Project bocause of the center's ongoing post-

Coy Manor, TIU center join for literacy project

The TIU Adult Education and Training Center received a deral grant from the Pennsylvania epartment of Education to develop nd implement a model family teracy program with the Mifflin ounty Housing Authority. The oal of the project, entitled McCoy Manor: A Model Family iteracy-Housing Authority Prois to create a model ooperative effort to help parents romote improved learning in their hildren while improving their own

caregivers know that learning can be

film County Housing Authority, TIU

This program is sponsored by Mif-

Center, and Pennsylvania Department

the program is to help parents and wish to replicate it.

ectivities and play groups. The goal of a educators and housing personnel who he morram is no help parents and wish to replicate it.

program will be visited by other adult

asic skills P.A.C.T. (Parents and Children logether), the curriculum to be stilized for this project, will be held it McCoy Manor every Monday and 9 a.m.-11 a.m. sday, beginning July 11. Children will be supervised in activities and play groups. The goal of the program is to help parents and caregivers know that learning can be fun. Activities are targeted for pre-schoolers through grade 2 youngsters. Activities that parents and children can do together, such as counting, observing, reading and language, will be featured. Guest speakers will also add to the training.

The TIU Adult Education and Training Center has been providing family literacy training to the community for more than eight years, including a cooperative program with Head Start which was featured in a 1990 WPSX-TV Services have documentary. included working with parents on study skills to help their school-age

children as well as school readiness training for parents of preschoolers.

This grant to create and deliver family literacy services in a housing authority setting was awarded because of the center's ongoing positive performance in this area. Project information will be disseminated statewide and, serving as a model throughout Pennsylvania, the program will be visited by other adult educator housing personnel who wis

replicate it. The program is sponsore Mifflin County Housing Auth TIU Adult Education and Training Center, and Pennsyl Department of Education. M Manor residents and the ge public are invited. For addi information and to register 248-4942



Tuscarora Intermediate Unit **Adult Education and Job Training Center**

CAROL MOLEK Adult Education Director

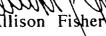
ADELE T. CRAIG Employment/Training Director

February 8, 1995

Greetings!

It's time! The McCoy Manor Parenting Workshops are starting for the spring. We will meet Thursday, February 16 from 1-3 (some parents leave a little early to get kids home from school---that's fine.) Our workshops will continue every Thursday at the same time through June 1. While it's not necessary to attend every workshop, we would love to see that happen. Something new this time around is our incentive program. We'll choose a Terrific Student each month and that person will receive a 10 dollar gift certificate from Wal-Mart. On June 1 one student will receive a 25 dollar gift certificate In addition, we've got lots of great sessions for overall achievement. planned for both parents and children. If you have any questions, please call me at 248-4942. Please get involved---we've got a lot of fun and learning in store!

Hope to see you there!











Free Workshops for Parents

P.A.C.T. (Parents and Children Together)
is a very special program with activities targeted for pre-schoolers through grade 2 children and their parents or caregivers. The goal is to help parents promote improved learning in their children while improving their own basic skills. Children will be supervised in activities and play groups. The program will help parents and caregivers to know that learning can be fun and will be supervised.

ACTIVITIES PARENTS AND CHILDREN CAN DO TOGETHER

Counting

Observing

Reading Language

LEARNING IMPACT OF EVERYDAY ACTIVITIES

Sorting laundry Picking up toys Shopping trips

GUEST SPEAKERS

Fire safety expert Reading specialist Home health care provider

Mondays & Wednesdays 9:00 AM - 11:00 AM

(throughout the summer)

Free Child Care Provided

Begins soon at McCoy Manor

Residents & the Public Invited

Call 248-4942 to sign up

Sponsored by Mifflin County Housing Authority, TIU Adult Education and Job Training Center, and Pennsylvania Department of Education

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Free Workshops for Parents

P. A. C. T.

(Parents and Children Together)

Activities parents and children can do together:

COUNTING

OBSERVING

READING

LANGUAGE

Learning impact of everyday activities

SORTING LAUNDRY

PICKING UP TOYS

SHOPPING TRIPS

Guest Speakers

FIRE SAFETY EXPERT

READING SPECIALIST

HOME HEALTH CARE PROVIDER

Begins soon at McCoy Manor

Monday & Wednesday mornings 9:00 AM - 11:00 AM

Free Child Care Provided Residents & the Public Invited

Call **248-4942** to sign up

Sponsored by
Mifflin County Housing Authority
Adult Education and Job Training Center
Pennsylvania Department of Education



Parenting Workshops

McCoy Manor. Lewistown 9-11 a.m

7/20 - Wednesday

How Children Learn and Parents' Part in the Process Allison Fisher, Adult Education and Job Training Center Instructor

7/25 - Monday

Learning from Nature Activities and Nature Walk Allison Fisher, Adult Education and Job Training Center Instructor

7/27 - Wednesday

Physical Fitness - An Educational Experience for Children

Penn State Extension Agent

8/1 - Monday Make Reading Fun

Carole Auker, Mifflin County School District Reading Specialist

8/3 - Wednesday

Learning with the Library

Elaine Dillman, Mifflin County Library Children's Librarian

8/8 - Monday

Housework: A Fun, Learning Children's Experience
Ann Kanagy, Administrative Assistant. Sun Home Health Services

8/10 - Wednesday

Boosting Children's Self-Esteem

Helen Guisler, Adult Education and Job Training Center Counselor

8/15 - Monday

Nutrition and Meal Planning = Learning

Penn State Extension Agent

8/17 - Wednesday

Planning Session for School Year Program

Call Adult Education and Job Training Center to sign up 248-4942



Tuscarora Intermediate Unit Adult Education and Job Training Center

CAROL MOLEK

Adult Education Director

ADELE T. CRAIG

Employment/Training Director

NEWS RELEASE For immediate release

MODEL FAMILY LITERACY GRANT AWARDED

Lewistown, PA--The TIU Adult Education and Job Training Center received a federal grant from the Pennsylvania Department of Education to develop and implement a model family literacy program with the Mifflin County Housing Authority. The goal of the project, entitled McCoy Manor: A Model Family Literacy-Housing Authority Program, is to create a model cooperative effort to help parents promote improved learning in their children while improving their own basic skills.

P.A.C.T. (Parents and Children Together), the curriculum to be utilized for this project, will be held at McCoy Manor every Monday and Wednesday, 9:00 AM - 11:00 AM, throughout the summer. Children will be supervised in activities and play groups. The goal of the program is to help parents and caregivers know that learning can be fun. Activities are targeted for pre-schoolers through grade 2 youngsters. Activities that parents and children can do together, such as counting, observing, reading, and language, will be featured. Guest speakers will also add to the training.

The TIU Adult Education and Job Training Center has been providing family literacy training to the community for over eight years, including a cooperative program with Head Start which was featured in a 1990 WPSX-TV documentary. Services have included working with parents on study skills to help their school age children as well as school readiness training for parents of pre-schoolers.

This grant to create and deliver family literacy services in a housing authority setting was awarded because of the Center's ongoing positive performance in this area. Project information will be disseminated statewide and, serving as a model throughout Pennsylvania, the program will be visited by other adult educators and housing personnel who wish to replicate it.

The program is sponsored by Mifflin County Housing Authority, TIU Adult Education and Job Training Center, and Pennsylvania Department of Education. McCoy Manor residents and the general public are Invited. For additional information and to register, call 248-4942.

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Tuscarora Intermediate Unit Adult Education and Job Training Center

CAROL MOLEK

Adult Education Director

ADELE T. CRAIG

Employment/Training Director

PUBLIC SERVICE ANNOUNCEMENT Please run through 7/18/94

P.A.C.T.

(Parents and Children Together)

Parents & Caregivers: Make learning fun for

preschoolers - grade 2

Children: Play groups and activities

Mon. & Wed., 9:00AM - 11:00 AM

at McCoy Manor

Begins soon in July

Join us. Everyone welcome.

Call 248-4924 to sign up.

Sponsored by Mifflin Co. Housing Authority,

Adult Education & Job Training Center, and

Pennsylvania Department of Education.



Portfolio



Goal-Setting Outline

Interview form for Personal Success Workshops

Da	te:
Go	ais for:
1.	Areas I would like to further develop in my life are:
2.	Skills I need to work on immediately include:
3.	The best thing I have done in class since the last meeting was:
4.	I had the most troouble with:
5.	How I can use/have used the skills I have learned since the last meeting:
6.	Topics I would like to learn more about



	-	•
Date:		

When deciding on how you will evaluate/rate the portfolios ask yourself the following questions and how they relate to the topics listed below.

How did I participate in...
How do I feel about...
Were my short-term goals achieved in regard to...
Was progress made toward attainment of goals in ...

Was I honest in all my evaluations of...

How relevant was my reflection on ...

Rating Scale: Excellent Above Average 1 2	Average	Below Average	Poor
	3	4	5

- 1.) Setting the criteria for the portfolios
 - 1 2 3 4 5
- 2.) Personal Reflection on content and appearance of portfolios
 - 1 2 3 4 5
- 3.) Participant and Instructor Expectations for class
 - 1 2 3 4 5
- 4.) Achievement of goals and objectives
 - 1 2 3 4 5
- 5.) Attendance
 - 1 2 3 4 5
- 6.) Testing Criteria and Results
 - 1 2 3 4 5
- 7.) Goal Setting
 - 1 2 3 4 5
- 8.) List one way that using the portfolio helped you.

Thank You!

**** Evaluation Summary ****

Student Self-Evaluation: Number of Competencies achieved: Areas of Difficulty:	
Feelings about the Learning:	
Additional Comments:	
PEER EVALUATION: Items Reviewed:	
Areas of Difficulty:	
Suggestions:	
Additional Comments:	
INSTRUCTOR EUALUATION:	Score:
<u>Standardized Test:</u>	
<u>Items Reviewed:</u>	
Competencies Achieved:	Not Achieved:
Suggestions:	

ERIC

Date of Evaluation: / / Evaluation #:____

7.4

Materials Checklist

(Briefly describe each item and why it was placed in the portfolio)

	Description of Itel	tem		<u>Date</u>	रावक्र			
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Portfolio Summary Page

Student:	Period Covered From	10
Course:		
Instructor:		
What's in my portfolio?		
Why I chose these samples		
		
What have I learned		
Wildt liabe i leatiled		
		<u> </u>
What I think about the class (or program	



Participant Checklist

Activity

Main Topic

COMMENTS

Parenting	1) Identify your child's Learning Style
	2) Nature walk with your child
	3) Develop a nature related activity to use with your child/children
	4) Select appropriate physical activities for your child/children
	5) Practice storyfelling and memorize one story
	6) Identify household tasks that your children can help with
	7) Develop an activity to improve your child's/ children's self-esteem
	8) Plan a meal with your child/children
Basic Skills	1) Identify your own Leaming Style
'ಶಾ 'ಕಾ'	2) Develop a working budget for your household



Participant Checklist

Main Topic	Activity	Date	Check	COMMENTS	
	3) Review steps to better self-esteem				
	4) List 4 food groups and give examples				
Other Skills	1) Apply Learning Styles to tasks you do every day				•
	2) Increase awareness your environment				
	3) Tour the public library				
	4) Obtain a library card				
Other Skills	5) Review Household Management tips				
	6) Participate in discussions, but don't dominate				
	7) Plan a meal				
	8) Practice Conflict Resolution methods				
	9) Role-play Communication Styles				



Participant Checklist

Main Topic	Activity	Date	Check	COMMENIS
Personal	1) Being Punctual	N/A		
Development	2) Being dependable - Calling in when ill and completing assignments as instructed	A N		
	3) Being Neat - Demonstrate legible writing and careful work	N/A		
	4) Being well groomed - demonstrating cleanliness in personal habits	N/A		
	5) Present appropriate language	ŊĄ		
	A positive attlude - by not becoming frustrated or disgusted when met by new challenges	NA		
	7) Cooperate with classmates	N/A		
	8) Demonstrate problem solving ability	A/N		



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Instructor:_

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Coming to class and appointments on time	By calling in when ill By completing tasks as	1.By demonstrating legible handwriting 2. By showing carefulness and pride in daily work	By demonstrating cleanliness in personal habits	By demonstrating proper language in class	By not becoming frustrated or disgusted when met with new challenges
Be Punctual	Be sapendable	Be neaf	Be well groomed	Present appropriate language	Present a positive attitude
Throwall	2 Personal	S. C.	Personal	140.04	Phromi

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Instructor:

	Show willingness to assist other classmates and respect individual rights.	By attempting to find possible solutions to problems before asking for help	By not coming to class under the influence or suffering from the residual effects of drugs or alcohol, or in possession	Complete tasks without excessive prompting from the instructor. This also includes completion of assignments.	Follow instructions w/o excessive prompting
The state of the s	Cooperates with Classmates	Problem Solving Ability	Free form substance abuse	Personal Initiative	Follow In:truction
				10 Fessess	

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Instructor

Complete all assignments given in the classroom in the classroom in the allotted time period	By being required to participate in all classroom activities as assigned and instructed
Completes tasks as assigned	Particpate in class
	* 13 * * Postomel

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Page 3

Legencha Figure

Date:
Competencies Completed since last review:
Changes/updates to plan:
Satisfactory attainment toward goals: Yes or No
Date:
Competencies Completed since last review:
Changes/updates to plan:
Satisfactory attainment toward goals: Yes or No
Date: Competencies Completed since last review:
Changes/updates to plan:
Satisfactory attainment toward goals: Yes or No



Assessment Summaries

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Instructor:						
Personal Development Measures	Coming to class and oppointments on time	By calling in when ill By completing tasks as assigned	1.8y demonstrating legible handwriting 2. By showing carefulness and pride in daily work	By demonstrating cleanliness in personal habits	By demonstrating proper language in class	By not becoming frustrate:\ or disgusted when met with
Personal Deve	Be Punctual	Be dependable	Be neat	Be well groomed	Present appropriate language	Present a positive attitude
	T. China	Percent		Lange		7

ERIC Fruil Text Provided by ERIC

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Student:___

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new challenges



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Instructor:_

Show willingness to assist other classmates and respect individual rights.	By attempting to find possible solutions to problems before asking for help	By not coming to class under the influence or suffering from the residual effects of drugs or akahol, or in possession	Complete tasks without excessive prompting from the instructor. This also includes completion of assignments.	Follow instructions w/o excessive prompting
Cooperates with Classmates	Problem Solving Ability	Free form substance abuse	Personal Initiative	Follow Instruction
			- 10.50 F	

ERIC Full Text Provided by ERIC

Instructor:_

Complete all assignments given in the classroom in the allotted time period	By being required to participate in all classroom activities as assigned and instructed
Completes tasks as assigned	Partkpate in class

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McCoy/PSW Competencies

Competency (Description		Measure	Accomplish YA Date
1 Parenting	Develop Parenting Skills	Students identify their child's learning style	
		Parents participate in a nature walk with their child.	
		Students develop a nature related activity for use with children	
		Parents select developmentally appropriate physical activities for children	
		Parents practice storytelling and commit one story to memory	
		Parents identify household tasks that their children can help with	
		Parents develop an activity to improve their child's self-esteem	
		Parents plan a meal with their child	
2 Basic Skills	Develop / Improve Bask Skills	Students identify their own learning style	
		Students develop a working budget for their household	



McCoy/PSW Competencies

•	
Competency i Description Indicator	Measure Accomplish
	Students review steps
	to better self-esteem
	Students list 4 food
	groups and examples
3 Life Skills Develop basic life sk	kills Students apply their
a the skills Develop basic inc si	learning style to tasks
	they do everyday
	they do everyday
	Students increase
	environmental awareness
	Students tour the
	public library
	Students obtain a library
	card
	Students will review
	household management
	1
	tips
	Students participate in
	discussions, but not
	dominate
	Studente allen e megl
	Students plan a meal
	Students evaluate
	methods of Conflict
	Resolution
	Ctudente vole play
	Students role-play
	communication styles

